

STOP

Students Taking an Opposite Path

- **Program Overview**

- Facilitated by Center for Family Guidance
- 5 weeks of group sessions
- Every Thursday @ Highland High School from 6:00 p.m. – 7:30 p.m.
- Maximum 12 students

- **6 Sessions Topic Ideas**

- *Getting to Know Me/How I Got Here*
- *Why You Don't Understand Me*
- *My Behavior/Decision-making/Peer Pressure and Positive Peer Influence*
- *Emotional Health*
- *Substance Abuse Overview/Overview of Addiction Difference between drug abuse and drug dependence*
- *Addiction and Families*

- **Program Dates:**

- Session I- October 15, 2020
 - 10/15, 10/22, 10/29, 11/12, and 11/19 (no Make-up date is being offered)
- Session II- December 3, 2020
 - 12/3, 12/10, 12/17, 1/7, and 1/14. (Make-up date 1/21/21)
- Session III- February 25, 2021
 - 2/25, 3/4, 3/11, 3/18, and 3/25. (Make-up date 4/1/21)
- Session IV – April 22, 2021
 - 4/22, 4/29, 5/6, 5/13, and 5/20. (Make-up 5/27/21)